

Denver Public Schools 2023-2024 Medical Statement for Meal Modification

Important! Carefully read and follow the procedures for requesting a special meal accommodation. The school/site will return incomplete Medical Statements to the parent/guardian. If you have questions about this form, the school/site contact named in Part A below will assist you.

Schools and agencies participating in child nutrition meal programs **MUST** comply with requests for special dietary needs and adaptive equipment at no extra charge for children with a documented disability and/or medical need. If this is a life threatening food allergy resulting in anaphylaxis, ensure the Allergy & Anaphylaxis Action Plan form is completed by school/site nursing staff.

Requests for children with a documented medical need: A completed request form must be signed by a licensed physician (MD or DO), advanced practice nurse (APN) with prescriptive authority (RXN), or physician assistant (PA).

The meal modifications will continue until a licensed physician, advanced practice nurse with prescriptive authority or physician assistant requests that the modifications be changed or stopped on the Discontinuation Form, which is available from the school/site. It is strongly recommended that the prescribed diet order is updated annually with a new form.

Part A. Student, Parent/Guardian & School/Site Contact Information – To be completed by a parent/guardian or school/site contact person.

1. Student's Name:	2. Date of Birth:	3. School/site:
4. Parent/Guardian's Name:	5. Parent/Guardian's Phone:	
6. School/site Contact's Name:	7. School/site Contact's Phone:	

Part B. Prescribed Diet Order for Children with a Documented Medical Need – This must be completed by a licensed medical professional as specified above. All sections must be completed.

1. Specify the medical need and how it restricts the child's diet:				
2. What major life activity is affected by this student's medical need? Example: Allergy to peanuts affects ability to breathe.				
3. Type of Special Diet: Check if not applicable OR specify the type of special diet (e.g. low sodium, gluten-free, diabetic, etc.)				
4. Modified Texture:	Not Applicable	Chopped	Ground	Pureed
5. Modified Thickness of Liquids:	Not Applicable	Nectar	Honey	Spoon or Pudding Thick
6. Special Feeding Equipment: _____ Check if not applicable OR list special feeding equipment (e.g. large handled spoon, sippy cup, etc.).				
7. Foods to be Omitted and Substituted: List specific foods to be omitted and substituted. If more space is needed, sign and attach an additional sheet of paper. PLEASE BE SPECIFIC: For example, do not say "Dairy." Say "Avoid all dairy protein" OR "Avoid dairy products like cheese, yogurt and fluid milk" or "Avoid fluid milk only." Same for eggs, soy and other general categories. The more specific the better the accommodation can be tailored to the student.				
Omit Foods Listed Below:			Substitute Foods Listed Below:	

Licensed Physician/Advanced Practice Nurse with Prescriptive Authority/Physician Assistant Information

Signature:	Title:	
Printed Name	Phone:	Date:
Parent/Legal Guardian Permission – To be completed by a parent or legal guardian.		
<p>I give permission for school/site personnel responsible for implementing my child's prescribed diet order to discuss my child's special dietary accommodations with any appropriate school/site staff. I also give permission for my child's licensed physician, advanced practice nurse with prescriptive authority or physician assistant to further clarify the prescribed diet order on this form if requested to do so by school/site personnel.</p> <p>Parent/Legal Guardian's Signature & Date:</p>		

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