

MUSTANG MEMO

Addenbrooke Middle School Newsletter / February 6, 2025

Tomorrow marks our first assembly of the year. The sixth grade will be performing a recitation, and we'll also honor the winners of the eighth grade science fair and the boys' basketball team. We would be delighted to have you join us.

Additionally, Ms. Hinger will be departing at the end of next week. We are currently developing a plan for her replacement and will keep you updated on this matter.

Pinewood Derby & Family Movie Night	February 6 4:00-8:00, Gym
Assembly (1st and 5th and 6th grade orders recitation)	February 7 8:15 am, Gym
Board of Directors Meeting	February 11 6:00 - 8:30 pm, 3rd floor HS building
Grammar School Valentine's Parties	February 12 Kindergarten - 5 th Grade 2:00 - 3:00 pm
No School for Students	February 13-17
SAC Meeting (School Accountability Committee)	February 18 5:30 - 6:30 pm, H.S. 3rd floor
Mom's Math Club	February 19 7:45 am - 8:30 am, Grammar School Commons
Prospective Parent Meeting	February 19 K-8 Campus 6:00 High School Campus 6:45
Pajama Dress out of Uniform Day \$5	February 21
PACS Meeting	February 21 8:00 am, Grammar School Commons
Spring Group and Individual Pictures (wear black polos)	February 26



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The Habit of Temper

When considering the habit of managing one's temper, it's essential to focus on maintaining a calm and pleasant demeanor. If that focus wavers, there are steps to take to make amends and mend relationships with others. I recently came across the concept of the five A's of confession, which can aid in seeking forgiveness. I've always felt that simply saying "I'm sorry" often falls short; a mere apology holds little weight if actions remain unchanged. Everyone experiences anger and loses their temper at times, but it's our recovery that fosters personal growth.

The five A's to consider when we've made a mistake go beyond just saying "Sorry":

1. ACKNOWLEDGE - Recognize that you've hurt someone.
2. ADMIT - Accept that you were wrong.
3. APOLOGIZE - Offer a sincere apology.
4. ACCEPT - Take responsibility for the consequences of your actions.
5. AGREE - Commit to changing your behavior in the future.

These five heartfelt attitudes come into play when confessing our faults to one another. It's important to discuss these concepts during calm moments, not in the heat of conflict, and then practice them when disagreements arise.

On the other hand, there are four promises of forgiveness. Reflect on this rhyme by Ken Sande from the Rational Wisdom group:
 Good thought, hurt you not,
 Gossip never, friends forever.
 These promises encapsulate what you commit to when you say, "I forgive you."

You are cordially invited to the artists' celebration of the 2025 Jeffco Schools Foundation's Equity and Excellence Art Exhibit on Friday, March 7th, from 5:00 p.m. to 7:00 p.m.

This event showcases artwork created by Jefferson County students, grades K-12, that explores different perspectives of ethnic and cultural diversity.

Artwork may be viewed from January 30th through April 1st in the lobby of the Jefferson County Education Center.
 1829 Denver West Drive
 Building #27
 Golden, CO



Hours: Monday-Friday, 9:00 a.m. - 5:00 p.m.

Upcoming MS Boys Basketball Games

Date	Time	Event	Opponent	Location
01/22/25	05:00 PM	Scrimmage	Littleton Public Schools	Littleton Academy
02/03/25	05:30 PM	League	DSST: Cole	Aurora Science and Tech High School
02/07/25	04:30 PM	League	DSST: Cole	DSST: Cole Middle & High School
02/10/25	05:30 PM	League	DSST: Conservatory Green Middle School	DSST: Cedar Middle & High School
02/12/25	04:30 PM	League	DSST: College View	Addenbrooke Classical Academy

Summer STEM Camp

Come join us for a STEM camp at Addenbrooke. Students will use Science, Technology, Engineering, and Math to investigate a phenomenon!

COST: \$300 PER STUDENT PER WEEK
EARLY BIRD PRICING: \$250 BEFORE 4/17

<p style="text-align: center;">Rocket Science</p> <p style="text-align: center;">Build and take home your own model rocket!</p> <p style="text-align: center;">May 27th - 30th</p> <p style="text-align: center;">3rd - 8th grade 9am-12pm</p>	<p style="text-align: center;">Circuit Science</p> <p style="text-align: center;">Build and take home your own battery powered robot!</p> <p style="text-align: center;">June 2nd - 5th</p> <p style="text-align: center;">3rd - 8th grade 9am-12pm</p>
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There is limited availability so, reserve your spot using this link:

MATH

Math 6 - Ms. Petrozelli

We are finishing Chapter 5, Algebraic Expressions. The test is on Thursday. All missing assignments will be due on Thursday for Chapter 5. The kids took a Quiz on Combining like terms last Friday and I was quite impressed on how great they did! They have been working hard and it shows.

We will start chapter 6 next week. I will have after school help on most Tuesdays and Thursdays until 4:00. If you have any questions, please reach out to me at ppetrozelli@addenbrooke.org.

Math 7 - Ms. Hinger

Announcement:

Unfortunately, due to some unforeseen health issues, I have decided to step back from my teaching position. We will be finishing up Chapter 4 and I will not be returning after students get back to school on February 18.

I am sad to have to leave. It has been a true pleasure working with your children this school year. I appreciate your patience during this transition.

Math 8 - Ms. Adamson

Students are learning about Systems of Linear Equations in Chapter 5. Students still need graph paper or a graphing notebook. If your students notebook is almost filled please make sure they have a new notebook to continue taking notes and completing their homework.

If you have any questions please reach out to me at sadamson@addenbrooke.org.

LANGUAGE ARTS

Sixth Grade - Mrs. Reynolds

Reading: We have been reading The Prince and The Pauper and analyzing the theme of appearances vs. reality. We have been learning how to annotate and highlighting the important information in the text.

Writing: We are creating an argument essay on the topic of "Should School Start Later," and collecting data from sources provided on Google Classroom. We are color-coding our work to help organize our writing.

Seventh - Mrs. Westra

This week we finished reading Dr. Jekyll and Mr. Hyde. We are now working to explore the duality of good and evil present in the novel by preparing for and participating in a class debate. The Dr. Jekyll and Mr. Hyde unit test will be next Thursday, February 6th. Students will need have their Cyrano DeBergerac books by 2/17. Reminder---students should be bringing their planner to all classes.

Eighth - Ms. Opie

We had a quiz on conjunctions and interjections today. We are continuing to read *A Separate Peace*. Chapter 8 and the corresponding sheet are due Monday. Next week is quite short, but the weekend is long so chapter 9 will be due on Tuesday the 18th; there will be a quiz. The reading log pages requirement for next Wednesday is 30 pages (extra pages is always extra credit.) Literature Circles will also meet next Wednesday, since there is no school on Thursday. I hope everyone has a nice break! :)

SCIENCE

Science 6 - Mr. Muldoon

We are currently exploring and gaining background knowledge about plate tectonics and other related phenomenon.

Science 7 - Ms. Edwards

We analyzed where our food products come from. What plants are the most harvested around the world. We also looked at nutrition labels and what macromolecules are part of our favorite foods.

Science 8 - Ms. Edwards

We have begun our Earth in Space unit! We are analyzing the path of the sun including recording data for the amount of daylight and solar elevation over the last 1500 years. Next, we will be modeling the phases of the moon.

HISTORY

History 6 - Mr. Mey

We are started and experienced the Revolution this week! I hope you heard about it at home. Yesterday we saw the Reign of Terror! Ask your student about Maximilien Robespierre? We will have our test on the 20th of February. Look for a study guide to come out and some Blookets they can study at home. We had so much fun with our simulation of the French Revolution and the cookies and juice really helped it!

History 7 - Mr. Satchell

We are looking at the Harlem Renaissance and how that impacted race relations in the United States. Students participated in a discussion about what constitutes free speech and when it goes too far. Students also read primary source documents from the Harlem Renaissance, including literature and poems.

History 8 - Mr. Satchell

Students completed a project in which they made their own propaganda and shared it with the class. Students also learned about the Truman Doctrine, NATO and the Warsaw Pact, the Berlin Wall, and the Berlin Airlift.

Latin - Ms. Lafferty and Mr. Roe

6th Grade: We have been working through Chapter 9, and the students have been learning how to form second declension nouns in Latin and reviewing the vocabulary for chapter 9. There will be the quiz over chapter 9 on Tuesday February 4th, 2025.

7th Grade: The students have just started learning how to conjugate verbs for all persons and numbers of the present tense.

8th Grade: The students are scheduled to take a test over chapter 11 in the Oxford Latin Textbook on Wednesday, 2/5. They will receive a study guide on Monday, 11/3.

Physical Education - Mr. Vessey

We are in the middle of our pickleball unit. Students are demonstrating fundamental fundamental pickleball skills, including serving, volleying and dinking, while applying basic game strategies in modified game play.

Choir - Ms. Crumley

Honor Choir is polishing up some special songs for Valograms for Valentine's Day, in cooperation with Student Council. They will present the songs in small groups of singers. Order yours now! Students are donating proceeds toward California wildfire relief.

7th/ 8th Grade mixed choirs are learning a wonderful modern choral piece in Spanish by Carlos Cordero, and 6th grade choirs are honing their musicianship skills singing rounds and layering harmonies!

Orchestra - Ms. Smith

We have brand new music for every group this semester and we are learning brand new concepts in music theory and instrument technique.

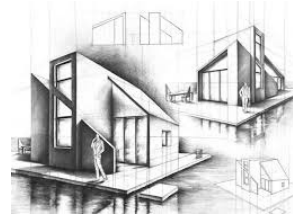
PLEASE BE AWARE that this cold and dry weather is very hard on our string instruments. If you leave your instrument in the car or a freezing room this weekend you may find snapped strings, cracked wood, and other damage. I have already replaced 7 strings this past week on different instruments and will do what I can to help, but some damage is beyond my assistance. Check in with your student to see if their instrument is in need of a tune up and reach out with any questions.

MS ART- Mrs. Troudt

6th grade: In 6th grade we are now learning about Greek architecture, and will be using charcoal to create drawings.

7th grade: In 7th grade we are now studying Pointillism; we will be using two different mediums to make Pointillism inspired art.

8th grade: The 8th graders are studying architectural structures and will be drawing a tryptech. or creating a 3-D model in clay.



STUDENT COUNCIL UPDATES

Coming up:

- We will be selling Val-O-Grams coming up
- We are working on planning the MS dance that will be on 4/11/25



NJHS

Updates and News

Members should be working on what they would like to do for their individual service projects.

ADDENBROOKE PARENT SURVEY



**LIVE UNTIL
FEB 7TH!**

SCAN ME

<https://bit.ly/ACA-SAC-2024-25>

The Addenbrook SAC (School Accountability Committee) is LIVE! The SAC will be conducting the annual parent survey Jan 27 - Feb 7. This survey is crucial for identifying community needs and concerns, while identifying strengths and areas for growth. The results are used to make recommendations to ACA's Leadership Team. Please participate in the survey! Our school is made stronger when you share your feedback with the SAC!

SCHOOL ACCOUNTABILITY COMMITTEE

Valograms

**ACA MS Student Government will be selling
Valograms!**

Monday 2/3- Monday 2/10

**Order forms can be found at the front desk, in
the Pony Express newsletter, in the Mustang
Memo newsletter, and sent home in students
folders/ homerooms.**

**To purchase please complete the order form
with the money securely attached (cash only)
and circle the desired item. All forms must be
submitted not later than 2/10 to the front desk.
Valograms will be delivered 2/12.**

**All proceeds will go to ACA Student
Government. Singing Grams will go to
ACA MS Honors Choir**



To:

Students Teacher:

Message:

Student's Grade:

From:

Circle the item you wish to purchase. All money must be attached to this slip in full. Cash only. All slips must be submitted by the end of the day 2/10. Items will be delivered on 2/12. Colors of items can not be selected.



Squishy heart: \$2



Mini Teddy Bear: \$4



1 Chocolate rose stem: \$5

Singing Gram from Honors Choir: \$ 5

Please circle your top 2 songs and one will be performed for the student above.

L-O-V-E (Nat King Cole)

Firework (Katy Perry)

Sh-boom (The Chords)

Hey There, Delilah IPlain White T's)

A Whole New World

Love is an Open Door

