

A NOTE FROM THE PRINCIPAL

We successfully navigated the Science Fair, and there were some incredibly impressive 100-year-olds present! This week has been quite hectic. Tomorrow marks our first assembly of the year, featuring several celebrations and three recitations. We hope you can join us!

If you RSVP'd for the first-grade READ day following the assembly and have signed the Volunteer Handbook, your sticker will be available in the Gym foyer prior to the event. If you haven't RSVP'd or signed the Volunteer Handbook but plan to attend the READ event, please visit the front office. Note that red stickers distributed at the assembly will not grant access to the main building, as the write stickers indicate that visitors have gone through the Raptor system.

Recently, we've noticed several parents arriving without their IDs. Please remember that entry to the building will not be permitted without identification, so make sure to bring yours if you intend to volunteer or visit the main building.

CALENDAR CORNER

Pinewood Derby & Family Movie Night	February 6 4:00-8:00, Gym
Assembly (1st and 5th and 6th grade orders recitation)	February 7 8:15 am, Gym
Board of Directors Meeting	February 11 6:00 - 8:30 pm, 3rd floor HS building
Grammar School Valentine's Parties	February 12 Kindergarten - 5 th Grade 2:00 - 3:00 pm
No School for Students	February 13-17
SAC Meeting (School Accountability Committee)	February 18 5:30 - 6:30 pm, H.S. 3rd floor
Mom's Math Club	February 19 7:45 am - 8:30 am, Grammar School Commons
Prospective Parent Meeting	February 19 K-8 Campus 6:00 High School Campus 6:45
Pajama Dress out of Uniform Day \$5	February 21
PACS Meeting	February 21 8:00 am, Grammar School Commons
Spring Group and Individual Pictures (wear black polos)	February 26



The Habit of Temper

When considering the habit of managing one's temper, it's essential to focus on maintaining a calm and pleasant demeanor. If that focus wavers, there are steps to take to make amends and mend relationships with others. I recently came across the concept of the five A's of confession, which can aid in seeking forgiveness. I've always felt that simply saying "I'm sorry" often falls short; a mere apology holds little weight if actions remain unchanged. Everyone experiences anger and loses their temper at times, but it's our recovery that fosters personal growth.

The five A's to consider when we've made a mistake go beyond just saying "Sorry":

1. **ACKNOWLEDGE** - Recognize that you've hurt someone.
2. **ADMIT** - Accept that you were wrong.
3. **APOLOGIZE** - Offer a sincere apology.
4. **ACCEPT** - Take responsibility for the consequences of your actions.
5. **AGREE** - Commit to changing your behavior in the future.

These five heartfelt attitudes come into play when confessing our faults to one another. It's important to discuss these concepts during calm moments, not in the heat of conflict, and then practice them when disagreements arise.

On the other hand, there are four promises of forgiveness. Reflect on this rhyme by Ken Sande from the Rational Wisdom group:

Good thought, hurt you not,
Gossip never, friends forever.

These promises encapsulate what you commit to when you say, "I forgive you."

ADDENBROOKE PARENT SURVEY



**LIVE UNTIL
FEB 7TH!**

SCAN ME

<https://bit.ly/ACA-SAC-2024-25>

The Addenbrook SAC (School Accountability Committee) is LIVE! The SAC will be conducting the annual parent survey Jan 27 - Feb 7. This survey is crucial for identifying community needs and concerns, while identifying strengths and areas for growth. The results are used to make recommendations to ACA's Leadership Team. Please participate in the survey! Our school is made stronger when you share your feedback with the SAC!

SCHOOL ACCOUNTABILITY COMMITTEE

Upcoming MS Boys Basketball Games

Date	Time	Event	Opponent	Location
01/22/25	05:00 PM	Scrimmage	Littleton Public Schools	Littleton Academy
02/03/25	05:30 PM	League	DSST: Cole	Aurora Science and Tech High School
02/07/25	04:30 PM	League	DSST: Cole	DSST: Cole Middle & High School
02/10/25	05:30 PM	League	DSST: Conservatory Green Middle School	DSST: Cedar Middle & High School
02/12/25	04:30 PM	League	DSST: College View	Addenbrooke Classical Academy

Summer STEM Camp

Come join us for a STEM camp at Addenbrooke. Students will use Science, Technology, Engineering, and Math to investigate a phenomenon!

COST: \$300 PER STUDENT PER WEEK

EARLY BIRD PRICING: \$250 BEFORE 4/17

Rocket Science

Build and take home your own model rocket!

May 27th - 30th

3rd - 8th grade | 9am-12pm

Circuit Science

Build and take home your own battery powered robot!

June 2nd - 5th

3rd - 8th grade | 9am-12pm

There is limited availability so, reserve your spot using this link:

ENOR Summer Camp

Register
January 1, 2025!

\$350

4TH - 8TH
GRADE

MON-FRI

8:00-4:30

JUNE 9-13

JUNE 16-20

JUNE 23-27

JULY 7-11

Outdoor exploration camp.
Get wild & discover nature.

www.jeffcoextension.org
303.271.6620

JEFFERSON
COUNTY COLORADO



COLORADO STATE UNIVERSITY
EXTENSION

Valograms

**ACA MS Student Government will be selling
Valograms!**

Monday 2/3- Monday 2/10

**Order forms can be found at the front desk, in
the Pony Express newsletter, in the Mustang
Memo newsletter, and sent home in students
folders/ homerooms.**

**To purchase please complete the order form
with the money securely attached (cash only)
and circle the desired item. All forms must be
submitted not later than 2/10 to the front desk.
Valograms will be delivered 2/12.**

**All proceeds will go to ACA Student
Government. Singing Grams will go to
ACA MS Honors Choir**



To:

Students Teacher:

Message:

Student's Grade:

From:

Circle the item you wish to purchase. All money must be attached to this slip in full. Cash only. All slips must be submitted by the end of the day 2/10. Items will be delivered on 2/12. Colors of items can not be selected.



Squishy heart: \$2



Mini Teddy Bear: \$4



1 Chocolate rose stem: \$5

Singing Gram from Honors Choir: \$ 5

Please circle your top 2 songs and one will be performed for the student above.

L-O-V-E (Nat King Cole)

Firework (Katy Perry)

Sh-boom (The Chords)

Hey There, Delilah (Plain White T's)

A Whole New World

Love is an Open Door



RISING 4TH GRADERS

OWL'S ROOST CAMP HIGHLIGHTS

Environmental Themes

- Water
- Outdoor Survival Skills
- Homes & Habitats
- Sun & Energy
- Environmental Change

Social Themes

- Respect the Environment
- Good listener/Good Learner
- Friendship & Communication
- Teamwork & Cooperation

Cool places to explore!

- Staunton State Park
- White Ranch Park - two unique trails
- Meyer Ranch
- Alderfer Three Sisters Park



Daily Hikes

*Between
1.5 & 2 miles*

Complete itinerary
provided upon
registration