



## HIGH SCHOOL DRESS CODE

Addenbrooke Classical Academy believes that the way students dress is a direct reflection of their behavior and the reputation of the school. Accordingly, a dress code has been established to teach grooming and hygiene, prevent disruption/distraction, and minimize safety hazards. Addenbrooke Classical Academy recognizes that our high school students are approaching adulthood, and we want to provide the privilege of greater choice in dress. Every profession requires a dress code, whether it is explicit or implicit. As we prepare students for the workforce, it is necessary for them to understand how to submit to their authority as it relates to dress. Final dress code adherence decisions will be made by Addenbrooke staff.

### General Dress Code Guidelines

- Appropriateness Guideline: Armpit to armpit rule: the student should be able to draw a line from one armpit to the other and have anything below that line covered by clothing. Mid-drifts, halter tops, backless, strapless, tube tops, spaghetti straps, or muscle shirts are not allowed.
  - No graphic tees or hoodies (exception: Addenbrooke, college, military or public servants, Colorado, national parks, or U.S.-themed)
    - What is considered Colorado-themed?
      - The Colorado flag
      - National/state parks
      - City and state (i.e., Breckenridge, CO)
      - NOT in dress code: cities and states outside of Colorado
    - What is considered U.S.-themed?
      - The U.S. flag
      - National parks
      - USA
    - Brand logos should be small enough to be covered with a hand.
  - No ripped clothing
  - No athletic shorts (fabric type is irrelevant)
    - Likely wearing athletic shorts (prohibited) if:
      - There is a drawstring.
      - There is a cut in the bottom of the shorts (on the side).
      - There is an inner liner.
    - Likely NOT wearing athletic shorts if:
      - There are belt loops.
      - There is a button/snap and zipper/fly.
- Length Guideline: Use cell phone width above the knee as a guide.
- Fabric Guideline: No inappropriately sheer or stretchy fabrics, fishnet or similar material; leggings, yoga pants, flare stretchy pants, sweat pants, athletic shorts, or athletic stretch pants are not allowed. Addenbrooke (or other high schools if a student is a member of a non-Addenbrooke sports team) team warm-ups can be worn the day of home games or the day before if there is no school on the day of; otherwise, warm-ups are not allowed.
- Accessory Guideline: Hats, bandanas, beanies, or hoods are not allowed; no dark/sunglasses; no blankets. No paraphernalia, grooming, jewelry, accessories, or body adornments that are symbols, words, slogans, patches, or pictures that:
  - Refer to drugs, tobacco, alcohol or weapons



- By virtue of color arrangement, trademark, or other attribute denote membership in gangs, advocate drug use, violence, porn, or disruptive behaviors
- Are obscene, sexual, profane, vulgar, lewd, or slanderous
- Promote any activity prohibited by the student code of conduct
- Otherwise disrupt the teaching-learning process
- Fridays Only: Major league sports team's jerseys and shirts are allowed (MLB, NFL, NBA, NHL, MLS, MLL). No minor league teams.
- Unsure if a certain clothing item is acceptable? Ask ahead of time.

## P.E./Weights Dress Code

- TOPS (P.E./Weights): T-shirts (no profanity or weapons), Tank Tops (straps must be 2 fingers wide), Cut-off T-shirts (whole chest must be covered)  
NO CROP TOPS (stomachs must be covered when hands are raised above the head)  
\*\*Ladies need to wear appropriate support for high impact exercise\*\*
- BOTTOMS (P.E./Weights): Athletic Leggings, Athletic Joggers/Pants, Athletic Shorts (must be long enough that when squatting no glutes are showing in full 90 degrees)
- FOOTWEAR (P.E./Weights): Athletic Shoes (closed toe and heel)  
NOT ALLOWED (P.E./Weights): Crocs, Slides, Boots

## Cozy Day Dress Code

On days designated by administration or student government... In addition to the regular dress code, students may wear sweatpants, pajama pants, beanies, hoods, hats, blankets, slippers.

## Dress Code Violation Consequence

Students who are out of dress code will be asked to change. If they cannot, a shirt will be provided to change into. If the provided shirt does not solve the problem, the student will be limited to the office until the dress code can be satisfied. Dress code violations may be given detention without warning, regardless of whether or not other teachers or administrators previously issued a warning. A warning is your opportunity to address the issue.