

## A NOTE FROM THE PRINCIPAL

This has truly been an amazing week, we are so excited that the weather is changing and though we are probably destined to have one or two more snow storms so don't pack away the winter coats quite yet, but you may want to break out the morning sun screen routine.

The penny drive was a huge success and the students raised over five thousand dollars. We have purchased a "First Day of School" butterfly bench for the front of the building and are narrowing down some options for the playground.

April brings lots of events and activities so make sure you review teacher emails frequently.

PACS Meeting	March 14 7:45 am, Grammar School Commons
Spring Break	March 17-21
K-8 Assembly (3rd grade recitation)	<b>April 4</b> 8:15 am, Gym Sock Hop theme dress out of uniform for \$1
Sock Hop & Silent Auction	April 4 5:00 - 7:30
Board of Directors Meeting	April 8 6:00 - 8:30 pm, 3rd floor HS building
Middle School Dance	April 11 3:00 6:00 (Gym and Field)
Dress out of Uniform Day for \$1	April 11
PACS Meeting	April 11 8:00 am, Grammar School Commons
Parent Information/ Welcome to Middle School Night	April 15 5:30 - 6:30, Middle School Commons
SAT/PSAT Testing	April 15-16 April 15 - Juniors only April 16- Sophomores only (morning) April 16- Freshmen only (afternoon)
No School	April 18-21st

Dear Parents of Kindergarten - 5th grade students,

We are excited for our upcoming Spring Concert! It will be held on Thursday, April 24, 2025 in the gym in conjunction with our Art Show. The time is 5:00 p.m. to 7:30 p.m.

Students should arrive 15 minutes prior to their performance time and find their teacher in the gym. The only dress code for the performance is to look nice.

Please check with Ms. Smith for the orchestra instructions. The music performance times by grade are as follows:5:00 - 5:15 - Kindergarten5:15 - 5:30 - 1st Grade5:30 - 5:45 - 2nd Grade.5:45 - 6:00 - 3rd Grade6:00 - 6:15 - 4th Grade6:15 - 6:30 - 5th Grade6:30 - 6:40 TRANSITION TO ORCHESTRA6:40 - 6:55 - 4th and 5th Orchestra

Students may leave after they finish performing but we encourage everyone to take some time to view the student artwork. We look forward to seeing you there!!

Mrs. Reiko Lewis and Ms. Julie Lee

K - 5 Tutoring Available! If you are interested in after school or summer tutoring, please reach out to Hannah Hansen. hhensen@addenbrooke.org	
Services include:	
<ul> <li>Math</li> <li>Spelling</li> <li>Literacy</li> <li>Reading</li> <li>Homework Help</li> <li>Comprehension</li> <li>and more!</li> </ul>	

Hook forward to hearing from you!



# The Habit of Punctuality

From: Seven Common Habits of Very Punctual People

So, what can you learn from those who have got punctuality nailed down? Here are seven traits people who are nearly always on time share:

#### #1 They're realistic about how long things take

Late people tend to underestimate the time their activities take by around 25%. To start realistically estimating how long things will take, start by recording in a journal the number of minutes you spend on your routine tasks — getting ready in the morning, traveling to work, etc. Do this for all of the tasks you repeat on a regular basis. Gradually, you'll start to appreciate the actual time tasks will take to complete.

#### #2 They build in "buffer" time

Stop trying to be exactly on time. Instead, plan to get to your appointments a little ahead of time. Punctual people don't chance it. **#3 They embrace waiting** 

Of course, building in all this extra "buffer" time means that, quite often, punctual people arrive first and find themselves waiting. If this prospect freaks you out, plan on an activity to do while you're waiting.

#### #4 They organize

There's more to leading a punctual lifestyle than just showing up on time. The most punctual people are also among the most organized. They tend to keep their calendars up to date, avoid scheduling too many adjacent meetings, build in travel time, and consciously plan out their day for maximum efficiency (e.g. avoiding moving back and forth for meetings by trying to co-schedule appointments that need to be in the same location).

#### <u>#5 They set up multiple reminders and alarms</u>

Ever had someone arrive 15 minutes late for a meeting and heard the "I totally forgot this was happening today!" excuse? The most punctual people take steps to ensure that no appointment is missed. They set multiple reminders, alerts, and notifications to make sure that they're reminded of what they've got coming up.

#### #6 They set an agenda, and stick to it

What's the number one reason for lateness in the workplace? Meetings that overrun. Sometimes that's unavoidable, but only rarely. Most meetings can be kept on time by creating an agenda beforehand and sticking to it. The best clearly describe and allot a time frame for each item. Skipping an agenda item to keep to time is okay; adding to it during the meeting is not.

#### #7 They're not afraid to cut people off

Of course, if you're going to set time limits on meetings and discussions then you have to be comfortable cutting people off. If an appointment is overrunning and threatening to make you late for your next meeting, then end the conversation and finish in a new time slot either over the phone, by email, or as a last resort, by scheduling a new time to meet face-to-face.

## WHAT ARE... The THE FIVE CORE HABITS OF GRAMMAR

The Five Core Habits of Grammar conveniently form the acronym NAMES, encompassing the following elements: Naming, Attending, Memorizing, Expressing, and Storytelling. By utilizing these habits, we can more effectively approach learning new subjects and nurture a natural curiosity in our children.

- Naming: The first core habit involves assigning the correct word to something. To truly grasp a subject or idea, one must first understand the basic definitions associated with it. If you're finding it challenging to teach your child a new topic, start with naming. Ask your child to provide general definitions before delving into specifics (for example, define "planet" first, then "Mercury," and so forth). By establishing this groundwork, both you and your student can advance to more in-depth discussions about the subject.
- Attending: Attending refers to distinguishing a word from other known concepts. This involves a simple compareand-contrast activity that allows your student to recognize what something is and what it is not. Encourage your student to explore the organization of terms from general to specific. For example, what distinguishes a plant from a tree? A tree is indeed a type of plant, but not all plants are trees. Additionally, help your student identify similarities and differences among the terms they defined in the naming phase—how are pines, maples, and oaks alike? How do they differ?
- Memorizing: The third core habit, memorizing, focuses on remembering the terms defined in naming, along with the similarities and differences highlighted in attending. There are numerous strategies to assist students in committing terms to memory, such as songs, chants, or mnemonics.
- Expressing: For parents who lean towards the humanities, the next two core habits will be particularly enjoyable. Expressing involves using the body and senses to convey knowledge. Creating models is a fantastic way to learn since it requires careful observation of a subject before crafting a representation of it.
- Storytelling: Storytelling employs written or spoken words to share knowledge on a specific topic. While studying astronomy, for instance, have your student compose a short science fiction story about the planets they defined during the naming phase. Alternatively, when exploring a historical event, you and your child could reenact it in a short play, complete with costumes and roles. Storytelling often enhances our learning experience, as it reinforces foundational knowledge in a memorable and enjoyable manner, much like expressing does.





WRISTBANDS: Number of Family Members attending: \_\_\_\_\_

\$\_\_\_\_\_ Now till April 3 - \$5/person or \$20/family (Night of event: \$6/person or \$25/family)

Payment: \_\_\_\_ Cash \_\_\_\_ Check (checks made out to PACS) \_\_\_\_ Venmo (@Addenbrooke\_PACS) All order forms received by 4/3 will receive a confirmation email to verify your order submission. For any questions, please contact Heather Davenport at heatherpacs@addenbrooke.org



### PACS Meeting – April 11th, 8:00 AM

Want to learn more about Addenbrooke events and how you can get involved? Join us for our next Parents of Addenbrooke Classical Students (PACS) meeting at 8:00 am in the Elementary Commons. Everyone is welcome – Everyone is a PACS parent. Younger kids invited. We hope to see you there!

Want to learn more about PACS Events? Visit our website at <u>https://addenbrookepacs.org/</u>





## **Staff Appreciation Week!**

May 5th – 9th Watch for sign-ups to volunteer or donate items, as we plan to spoil our wonderful ACA staff in many ways this week! More info available soon: https://addenbrookepacs.org/staff-appreciation



## Skate City Night: High School ONLY

Wednesday, April 1ቢ, 8:00-10:00 PM

5801 S. Lowell Way, Littleton, CO 80123

Come enjoy a private ACA-only skate party for our HIGH SCHOOLERS! Theme to be announced. <u>https://addenbrookepacs.org/skate-city-nights</u>



Sock Hop & Silent Auction: Friday, April 4th, 5-7:30 pm This event will be held in the ACA Gym! See attached flyer for details https://addenbrookepacs.org/sock-hop